

**UPSTREAM  
ARTS**

**2018-2019  
ANNUAL REPORT**



# OUR MISSION

Upstream Arts uses the power of the creative arts to activate and amplify the voice and choice of individuals with disabilities.



## OUR PRACTICE

In every class, training, and public event, we explore the power of **Invitation, Mirroring, Conversing, Exploring, and Collaborating**: the foundations of Upstream Arts' best practices. They permeate every layer of our organization, guiding the way we think about our work as well as how we carry out our programming, which is why we've highlighted them throughout this report.

With this in mind, our theme and focus this year is *The Art of Practice*. We know our creative work is a practice, made of years of skill-building, and we know the work of inclusion takes practice; we must try again and again. Repetition and exploration are some of the most powerful tools we can use to hone our best practices.

With *The Art of Practice*, we continue to forge spaces in our communities to interact with and learn from each other, undermining fear and stigma along the way and each day moving us closer to our vision of a more inclusive world.

**2018-2019**  
by the numbers...

**166**  
PROGRAMS,  
TRAININGS, & EVENTS

**3,564**  
INDIVIDUALS  
OF ALL AGES  
IMPACTED

**19,278**  
CONTACT  
HOURS





# RESIDENCIES

Welcome- join us! In all of our residencies – in schools, adult day programs, and community settings – we begin all of our classes with an intentional **invitation**, welcoming each person as they cross the threshold into our space, practicing and celebrating the many ways we communicate. Because we know that when we feel welcomed, when we know our presence was anticipated before we entered the space, and when we are authentically invited to join in - true community and learning can genuinely take hold. So, welcome! We're glad to have you in our community.



invite



“ Joe was always very excited on Upstream Arts days. He would talk about the artists and activities quite a bit before and after. He struggles with anxiety and did not always participate in activities, but he committed to try one new thing each week. Artists were great in trying to find new and creative ways to invite him to be more engaged. He was very proud of his participation, often talking about it afterward. He danced – something he did not do in the past.

-MPS Educator

”



“

I learned to take risks,  
ask for help, and stand up for myself.  
I learned my voice matters.

”

- Participant in *The Art of Voice & Choice Residency*



# EVENTS & PERFORMANCES

When we **mirror** each other with words, movement, or sounds, we are saying "I see you." Our performances, exhibitions, and community events are a chance for all of us to be seen. Art brings us together, reflecting back and **mirroring** the ways we all have value.

Sharing a creative experience together affords an opportunity to bridge the gap that so often separates those with and without disabilities, sparking important **conversations** that allow us to bring our collective creativity to address community problems.

## mirror



photos by Jason Bucklin



Upstream Arts presented two *Art of Me* performances, one in collaboration with Valley Friendship Club in June 2018 (pictured left), and one in collaboration with Merrick, Inc. in February 2019 (pictured right).

## converse

Upstream Arts brought together its cross-sector community to **converse** about important topics that impact the disability community including: Sexual Violence Prevention Listening Sessions; a free screening of the documentary *Intelligent Lives* in partnership with Powderhorn Park Neighborhood Association and Mixed Blood Theatre; and our Voice and Choice arts-infused conference on Informed Choice and Person Centered Planning.

# PROFESSIONAL DEVELOPMENT

We believe in creative practice, in play, and in the expansive possibilities that open up as we **explore** being in community together.

In our professional development, we share our best practices in accessibility and engagement, cultivated over 14 years of experience in arts, learning and disability. We work with organizations to identify the ways in which they are already working towards inclusion, then **explore** ways to deepen and expand their practice.

Our trainings include *The Art of Access* and *The Art of Voice and Choice*, delving into universal design, informed choice, and person-centered planning, from engagement strategies to culture-change.

photo by Jason Bucklin



“Upstream Arts’ training really expanded our thinking on Person-Centered Planning.”

“I learned important perspectives on ways to improve access and the importance of choice.”

- Participants at *The Art of Voice & Choice Training*



photo by Becca Dilley

explore





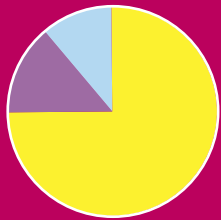
# FINANCIALS

By **collaborating** with every participant, every partner, every supporter – and each of *you* – we are building a more inclusive world. Thank you for **collaborating** with us by supporting this vital creative work.

## collaborate

Statement of activities and financial position for the fiscal year ending June 30, 2019:

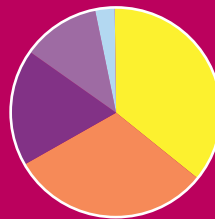
### EXPENSES



Total Unrestricted Expenses: **\$859,665**

- 75% Program
- 14% Fundraising
- 11% Management

### INCOME



Total Unrestricted Income: **\$871,610**

- 36% Program Fees
- 31% Government
- 18% Foundations & Corporations
- 12% Individual Donors
- 3% Special Events

### ASSETS:

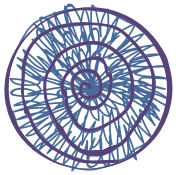
Cash and Cash Equivalents	\$302,806
Other Assets	\$83,730
<b>Total Assets</b>	<b>\$386,536</b>

### LIABILITIES & NET ASSETS

Current Liabilities	\$12,738
Unrestricted Net Assets	\$163,598
Board Designated Reserve	\$100,000
Temporarily Restricted Net Assets	\$110,200
<b>Total Liabilities &amp; Net Assets</b>	<b>\$386,536</b>

Unfold to see the full list of our supporters in 2018-19





**UPSTREAM  
ARTS**

3501 Chicago Ave S

Minneapolis, MN 55407

[www.upstreamarts.org](http://www.upstreamarts.org)

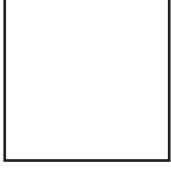


photo by Jason Bucklin

## **LOOKING AHEAD!**

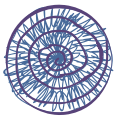
Over the next year we will celebrate *The Art of Practice*. Join us in the journey!

### **Upstream Arts Annual Meeting & Fundraiser**

Celebrate another year of innovation at the intersection of art, disability and learning. Eat, drink and be merry as we gather together. Be part of our vibrant community of supporters.

**Monday, May 18, 2020 6-9pm**  
**The American Swedish Institute**





www.upstreamarts.org

**UPSTREAM  
ARTS**



**invite mirror converse explore collaborate**

**YOU are a critical part of our community. Thank you for sustaining this work!**

**Mississippi River \$25,000 & Above**

- Anonymous
- Bader Philanthropies
- Minnesota State Arts Board
- St. Croix River \$10,000 to \$24,999**
- Anonymous
- Bush Foundation
- California Institute of Contemporary Arts
- F.R. Bigelow Foundation
- MaryAnn Lippay and Stephen Kanee
- Family Fund
- National Endowment for the Arts
- The Mary L. Nohl Fund of the Greater Milwaukee Foundation
- Reid and Ann Shaw
- Saint Paul Foundation
- VSA Minnesota
- Wayzata Community Church
- Wedge and Linden Hills Co-ops Change Matters Program

**Cannon River \$5,000 to \$9,999**

- The Graham Smith Team, Keller Williams Realty
- WCA Foundation

**Crow River \$1,000 to \$4,999**

- Sue and Allan Carmel \*
- Janice and Gerald Downing
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**Sauk River \$500 to \$999**

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- Yess Yoga \*\*
- Youth Frontiers, Inc. \*\*

**Pine River \$100 to \$499**

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- Pete Wohlberg
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- Patricia Woolsey and Luke Warren

**Lake Itasca Up to \$100**

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- Shelley Warren
- Nicole Wetler
- Wesley Warren
- Darr and Rick Wolters
- Lucia Yess and David Melling
- Ern Zolotukhin-Ridgway

**Tributes**

- Bryan Boyce
- In honor of Jay Boyce.
- Sandra Callahan
- In honor of Lindsay Fletcher.
- Joe and Jane Cavanaugh
- In honor of Julie Guidry's good work and leadership!
- Gayle Duncan
- In honor of Caleb.
- Jackie and Lynne Finney
- In honor of Jess Finney.
- Ron Goldstein and Susan Freeberg
- In honor of Talia Goldstein.
- Ron Goldstein and Susan Freeberg
- In honor of Daniel Goldstein.
- Joe and Janet Green
- In honor of Caleb George-Guidry.
- Gaynelle Hardwick
- In loving memory of my cousin, Hubert Brasseaux.
- Hendlin, Inc.
- On behalf of Mike Kust.
- Heather Holcombe and Caleb Kennedy
- On behalf of Spencer Kennedy.
- Andrea and Scott Madison
- In memory of Charles Staloch.
- Elizabeth L. Ohrn
- In memory of Ann Mavis.
- Alice and John Reimann
- In honor of Mark Silha and David Silha.
- Bryce and Emily Richter
- In honor of Ryan, Dylan, Tracey, and all for coming to Fridley High School!!!
- Michael Ritchie and Rebecca Loader
- In recognition of your amazing work and of Canoe, Sarah Brown, and the rest of your staff.
- Alina Schroeder and Chuck Day
- In memory of our son.
- Sue Scott and Ron Peluso
- In memory of David Scott.
- Douglas and Donna Sieplinga
- In memory of Dob and Gay Sieplinga.
- Alan C. and Jean W. Thiel
- In honor of Charlie Warren.

- # Donates Monthly**
- \* Truly Sustainer**
- \*\* The Art of We Sponsor**
- \*\*\* 2006-07 Founding Supporter**

This list reflects gifts made between July 1, 2018 and June 30, 2019. We make every effort to ensure accuracy. If you notice any omissions or errors, please contact us at (612) 331-4584. This activity is made possible by the voters of Minnesota through Minnesota State Arts Board Operating Support thanks to a legislative appropriation from the Arts and Cultural Heritage Fund.

**To join our community of supporters, go to [upstreamarts.org/donate](http://upstreamarts.org/donate)**

